

St Pauls Children's Centre & Family Hub Presents Promoting Happier Parenting

A 6 week programme for parents and carers with children aged 0-5 years old.



A relaxed and friendly parenting course that helps you develop strategies in:

Developing Positive Behaviours

Encourage Children's Development

Taking Care of Yourself

**Refreshments are provided!
Creche places available!**

Venue- Jakeman Nursery

Starting 14/01/2025

Time: 12.45-2.45pm

**To register please contact
0121 440 3066**

